Three Questions

1. Think back over your life and choose one moment in time where you felt engages in something meaningful, a time where you felt effective, alive. Describe this high point of your life: when, where, and the circumstances of your story.

2. If I were to talk to the people who know you the best, what are the three best qualities that they see in you?

3. Assume that when you fall asleep tonight, you sleep for 10 years. While you are asleep, changes have taken place in your life to create your most perfect life. When you wake up, what do you see and experience?