



SURVIVAL KIT

Student Development



SURVIVAL KIT

❖ First day of class

- Waitlist
- On time – up front – Ask questions
- Take notes
- Get texts, materials for next class meeting
- Study syllabus
 - Instructor's information
 - Student information



SURVIVAL TIPS

- ❖ Don't schedule back -to-back
- ❖ Begin the first day
- ❖ Routine study time
- ❖ Place to study
- ❖ Study during the day
- ❖ Schedule study breaks
- ❖ Use study resources
- ❖ Study hardest subject first



TAKING NOTES

- ❖ Question in the margin (Cornell)
- ❖ Question for key points
- ❖ Highlight/underline answers
- ❖ Summarize in your own words
- ❖ Recite, Review, and Reflect



TEST TAKING

❖ Before beginning

- Preview
- Mind dump
- Calculate time

❖ Taking

- Read directions
- Answer easy questions first
- Go back to difficult questions

TEST TAKING (CONT.)

❖ Taking (cont.)

- Answer all questions
- Ask for explanations
- Answer from instructor's point of view
- Use margin to explain
- Circle key words
- Rephrase difficult questions



AFTER THE TEST

❖ Review a returned test

- Mistakes in grading
- What you missed & why
- Study instructor comments
- Questions from text, lecture
- Type of missed questions
- Review your study techniques




TECHNOLOGY TOOLS

- ❖ Email accounts
- ❖ Computers available
- ❖ Computer skills
- ❖ Home page for classes



EMAIL ETIQUETTE

- ❖ Use the subject line
- ❖ Write only what you want to say in public
- ❖ Use a spell checker
- ❖ Read before you send
- ❖ Identify yourself
- ❖ Keep message short and focused



EMAIL (CONT.)

- ❖ Don't use upper case. NO SHOUTING!
- ❖ Check your email once a day
- ❖ Delete spam
- ❖ Don't overuse "reply all"
- ❖ Don't forward chain letters, jokes, etc.



4 ESSENTIALS OF LEARNING

- ❖ Gathering
 - Hear, read, see, interact with new information
- ❖ Analyzing
 - Understand – Look for relevance & meaning
- ❖ Creating New Ideas
 - Hypotheses, plans, actions
- ❖ Acting
 - Writing, speaking, drawing, teaching



BREATHE SYSTEM

- ❖ Deal with stress, self-esteem, being overwhelmed, anxiety, etc.
- ❖ Raise test scores
- ❖ Straighten your posture
- ❖ Relax neck & shoulder muscles
- ❖ Deep breathe



CLASSES OF INTEREST

- ❖ Academic Development
- ❖ Learning Communities
- ❖ Student Development



SUCCESS IN COLLEGE

❖ Take Responsibility

- Learning material
- Completing homework
- Earning the grade
- Attending class



QUOTE

“Education and career development are on-going processes that will continue throughout your life. This course is only a beginning.....

~Sue Granger-Dickson~

