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Often times we have trouble making decisions because we are afraid we may make the wrong decision. This exercise is designed to help you make the best decision for you at this point in time. It is important that you take the time to be an active participant in your own career and life planning. Instructions:

Use a copy of this form for each decision, goal or problem you are considering. Fill out the positive advantages and negative disadvantages of the specific topic. Evaluate alternatives. Consider your odds of success by listing probable outcomes. Choose whether it is a decision you want to pursue further and determine a plan of action.
Possible decision, goal or problem to be solved:

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