



# THINKING CAPS

When making decisions, it helps to think about and evaluate your choices from different perspectives. Consider a decision you want to make in regards to a potential career direction, then answer the questions under each “thinking cap.” This **decision-making tool** will help you analyze your choices and arrive at your best decision.

A college/career-related I decision I want to make: \_\_\_\_\_

### WHITE CAP: GATHER INFORMATION



What do I know about this career?

\_\_\_\_\_

What do I need to find out?

\_\_\_\_\_

How will I get the information I need?

\_\_\_\_\_

### RED CAP: CHECK YOUR INSTINCTS



What do I feel about this career?

\_\_\_\_\_

What is my intuition telling me?

\_\_\_\_\_

Am I excited and passionate about this field?

\_\_\_\_\_

### YELLOW CAP: IDENTIFY BENEFITS



Why is this good career for me?

\_\_\_\_\_

Why is this career going to grow?

\_\_\_\_\_

What are some of the “hidden” benefits?

\_\_\_\_\_

### BLACK CAP: IDENTIFY NEGATIVES



What are the difficulties with this career choice?

\_\_\_\_\_

What risks am I taking with this career?

\_\_\_\_\_

Why won't this career work for me?

\_\_\_\_\_

### GREEN CAP: BE INNOVATIVE



How can I approach this career differently?

\_\_\_\_\_

What skills/talents will make me unique in this field?

\_\_\_\_\_

What are alternatives and possibilities this career offers?

\_\_\_\_\_

### BLUE CAP: NEXT STEPS



What do I need to do to move forward?

\_\_\_\_\_

Who do I need to talk to?

\_\_\_\_\_

Today I will...

\_\_\_\_\_

Adapted from Edward de Bono's *Six Thinking Hats*.

After wearing all 6 caps, I have decided: \_\_\_\_\_

“WHEN YOU HAVE A CHOICE TO MAKE AND DON'T MAKE IT, THAT IN ITSELF IS A CHOICE.” —WILLIAM JAMES