

STDV B6 Jenny Peters

# **CAREER EXPLORATION & CHOOSING A MAJOR**

# EXPLORING CAREERS

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## ✘ Passion

- + Interests

- + Abilities

- + Values

- + What you like to do!

# RESOURCES

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- ✘ Learn more about your career options:
  - + EUREKA
    - ✘ True Colors
  - + Discover
  - + Vocational Biographies
  - + O\*NET
  - + Occupational Outlook Handbook



# INTERNSHIPS

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- ✘ Connection between major and choices
- ✘ Match your interests with your goals
  - + Personality Mosaic
  - + Holland's Codes
  - + O\*NET

# MAJOR AND CAREER GOALS

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- ✘ Long term goals
- ✘ Short term goals
- ✘ How to put your choices into action

# STOCK UP ON SKILLS

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- ✘ In your classes:
  - + Projects
  - + Research Papers
  - + Research opportunities
- ✘ These add up to experience that will help you when you graduate and are looking for that first job.



# 7 MARKETABLE SKILLS

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- ✘ Skills identified by employers
  - + Computer skills – Word processing and email
  - + Quantitative skills – Math and reasoning
  - + Communication skills – both written and oral
  - + Marketing and sales – influencing ideas
  - + Scientific skills
  - + Language skills
  - + Leadership skills

# EDUCATION

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- ✘ Basic skills
- ✘ General Education
- ✘ Major
- ✘ Transfer Level

“Education is not preparation for life;  
education is life itself.”

~John Dewey~